

| Mon  | Tue  | Wed  | Thu  | Fri                    | Sat   | Sun                     |
|--|--|--|--|------------------------|---|-------------------------|
| 27   | 28   | 29   | 30   | 31                     | 1<br>6pm - WFJ with Tsog  | 2                       |
| 3  | 4  | 5  | 6  | 7                      | 8<br>2pm - Tara Puja<br>4pm - WFJ with Tsog   | 9                       |
| 10<br>5pm - OSG @ Kadampa  | 11   | 12   | 13   | 14                     | 15<br>6:30am - Precepts @<br>11am - Shop Open @<br>12:30pm - Prayers for<br>4pm - WFJ with Tsog | 16<br>10am - Beginners  |
| 17<br>10am - Shop Open @<br>12:30pm - Free Med @<br>7pm - Meditation | 18<br>10am - Shop Open @<br>12:30pm - Free Med @<br>7pm - Meditation | 19<br>10am - Shop Open @<br>12:30pm - Free Med @<br>7pm - Meditation | 20<br>10am - Shop Open @<br>12:30pm - Free Med @<br>7pm - Meditation | 21<br>7pm - Meditation | 22<br>11am - Shop Open @<br>12:30pm - Free Med @<br>4pm - WFJ with Tsog                         | 23<br>10am - Overcoming |
| 24   | 25   | 26   | 27   | 28                     | 29  | 30                      |
| Guided Lamrim Retreat  |  |  |  |                        | 11am - Shop Open @<br>12:30pm - Free Med @<br>4pm - Kangso @                                    |                         |
| 10am - Shop Open @<br>12:30pm - Free Med @<br>4pm - HJ @ Kadampa     | 10am - Shop Open @<br>12:30pm - Free Med @<br>4pm - OSG              | 10am - Shop Open @<br>12:30pm - Free Med @<br>4pm - HJ @ Kadampa     | 10am - Shop Open @<br>12:30pm - Free Med @<br>4pm - HJ @ Kadampa     | 4pm - HJ @ Kadampa     |   |                         |
| 31<br>10am - Shop Open @<br>12:30pm - Free Med @<br>7pm - West End   | 1  | 2  | 3  | 4                      | 5   | 6                       |